

## "Behavioral Health Essential Lighting Requirements"

The importance of Lighting in Behavioral Health Spaces Plays a pivotal role in creating safe, stable, and supportive environments for individuals with behavioral health conditions. Patients experiencing bipolar disorder, clinical depression, and other mental health challenges are significantly impacted by the intensity brightness, and color of both natural and artificial light.

This course explores critical aspects of lighting design for behavioral health facilities and highlights the importance of proper lighting.

- Promote patient comfort and well-being
- Enhance safety for patients and staff
- Support staff functionality and efficiency
- Offer design flexibility for unique behavioral health needs
- Ensure compliance with health care standards

Attendees will gain a deeper understanding of how lighting solutions can positively influence recovery, safety, and operational outcomes in behavioral health spaces.

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- **Prerequisite Knowledge:**

### **Basic Knowledges**

- **Learning objectives #1**

### **Understanding behavioral health facilities and their occupants.**

- **Learning Objective #2**

### **Safety Guidelines and Specification Requirements.**

- **Learning objective #3**

### **How lighting can affect the well-being of occupants.**

- **Learning objective #4**

### **Learn about compliance requirements and industry standards for healthcare facilities.**

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